



Affirmation – that we are all held by God and that we can trust in His abiding presence.

Music – is an important key to memory and a familiar constant in Memory Worship.

Tell me the old, old story – a short Bible reading, using a well-known, well loved passage.

Craft – creative skills can be retained and even new ones learned by people living with dementia.

Sensory activities – can create pathways back to happy life memories.



## HOW TO FIND US



Wesley Methodist Church  
Elm Road  
Leigh-on-Sea  
Essex, SS9 1SJ

[www.wesleymethodist.org.uk](http://www.wesleymethodist.org.uk)

For further information  
call Julie Peek Tel 01702 479804

In the event of another restriction stopping worship in church, please search Memory Worship 'at home' to find Memory Worship service on YouTube.



A dementia-friendly community is a city, town or village where people with dementia are understood, respected and supported and confident they can contribute to community life.



MEMORY WORSHIP



## Worship for those with and without Dementia

NEW 2023 PROGRAMME

# What is Memory Worship and who is it for?

In creating this ministry in 2016, it was our vision to find a space where people with or without dementia, could approach God, worship and feel God's caring presence together.

Worship can be a channel for recalling the past, creating feelings of comfort, familiarity and spiritual fulfillment. We all have a continuing need to worship and experience a loving encounter with God.

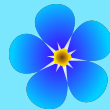
The formal part of the service lasts 30 minutes before leading into a craft activity and hospitality. Everyone has opportunity to connect with their own creativity and our dedicated team of community volunteers are always on hand with tea, cake and a listening ear.

After each service, carers can chat with professionals working in the Memory field and meet with other people in the same situation.

This year's programme has been designed around old familiar hymns.



## 2023 PROGRAMME 2 PM - 4 PM 3RD MONDAY OF THE MONTH



**Monday 16th January**  
**Lord of all hopefulness.**



**Monday 20th February**  
**Love Divine All Loves Excelling.**



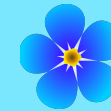
**Monday 20th March**  
**Lord Jesus Christ You have come to us You are one with us Mary's Son.**



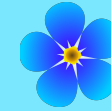
**Monday 17th April**  
**The Lord's my Shepherd.**



**Monday 15th May**  
**All people that on earth do dwell.**



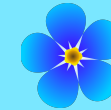
**Monday 19th June**  
**Dear Lord and Father of Mankind.**



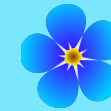
**Monday 17th July**  
**Take it to the Lord in prayer.**



**Monday 21st August**  
**How Great Thou Art.**



**Monday 18th September**  
**Come ye thankful people come.**



**Monday 16th October**  
**Make me a channel of Your peace.**



**Monday 20th November**  
**Trust and obey.**



**Monday 18th December**  
**Come and join the celebration.**

*"At Memory Worship we believe in a God who accepts us and meets us where we are today"*